

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

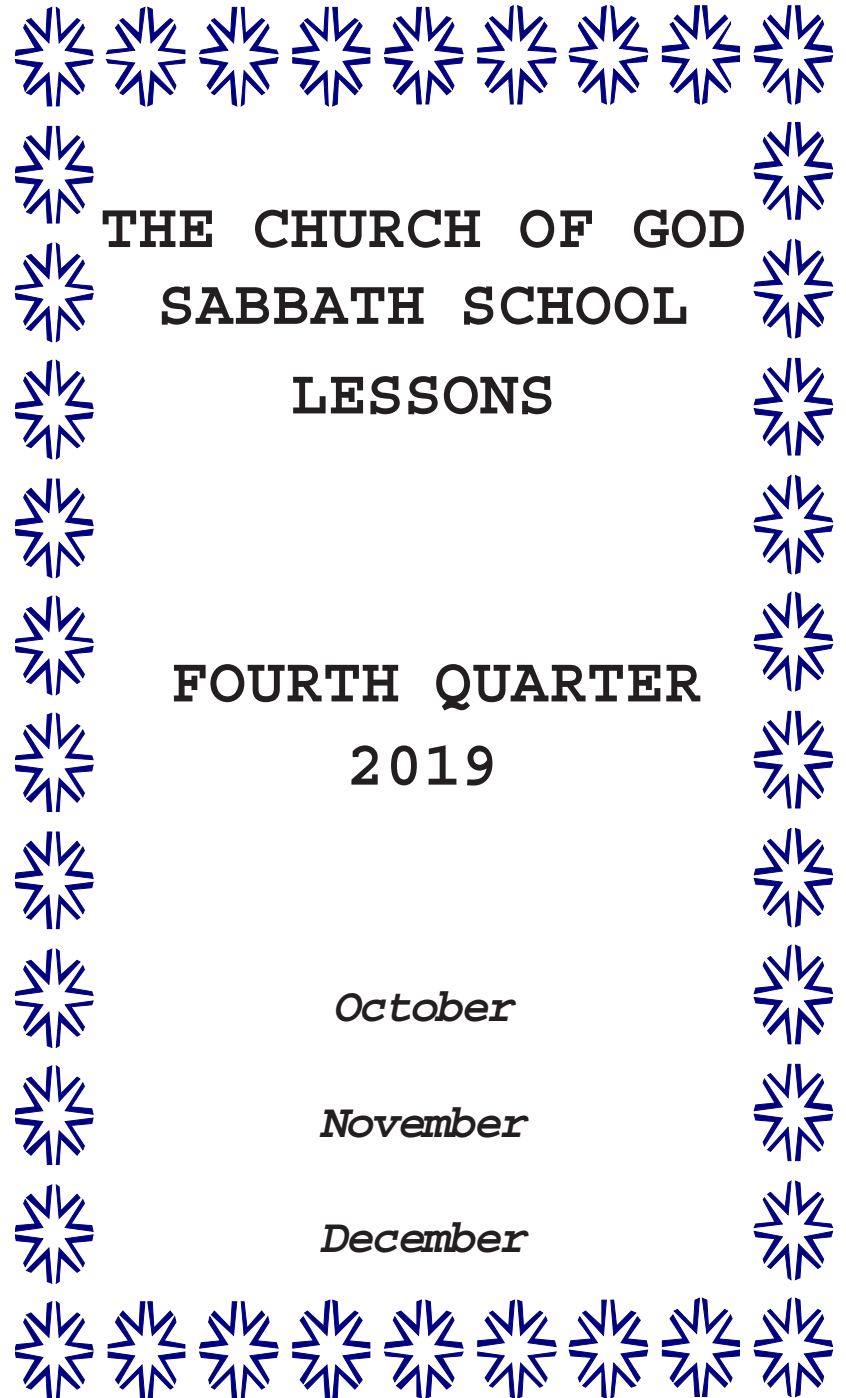
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



THE CHURCH OF GOD SABBATH SCHOOL LESSONS

FOURTH QUARTER 2019

October

November

December

The Church of God Sabbath School Lessons (USPS No. 560-980) is published quarterly, one month before the beginning of each new quarter: March 1, June 1, September 1, and December 1, by the Church of God Publishing House, P O Box 328, Salem, WV 26426-0328. Periodicals postage will be paid at Salem, WV 26426-0328. POSTMASTER: Send address changes to The Church of God Sabbath School Lessons, PO Box 328, Salem, WV 26426-0328. Your subscription is free. If you wish to contribute an offering, your contribution will be tax deductible.

It has been said that "the Old Testament is the New Testament concealed while the New Testament is the Old Testament revealed." The whole Bible is necessary for understanding. Anyone who believes that the Old Testament is not necessary is short changing himself.

We will be studying several subjects from the Old, but also comparing some with the New. Remember, when Jesus studied and read, He did so from the scrolls of the Law and the Prophets, that is the Old Testament.

LIVING WATER

Scripture Reading: Exodus 17:1-7; Numbers 20:1-13.

Golden Text: John 4:14

1. After going through a great body of water, the Red Sea, what was missing for Israel? Exodus 15:22.
2. Where did the Lord lead? Exodus 15:23.

NOTE: Marah means bitter.

3. What did the Lord do, and what was promised? Exodus 15:24-26.

NOTE: No matter what, we should always, always go to the Lord: "I am the Lord that healeth thee."

4. What are the experiences of Israel to be to us? I Corinthians 10:5-6.
5. From where else did water come? Exodus 17:5-6.
6. What did the Rock represent? I Corinthians 10:1-4.

NOTE: Israel was blessed with many physical blessings, manna, water and raiment that waxed not old. While these things sustained physical life, Jesus's poured out blood provided the atonement for the spiritual.

7. Did the lesson of living water help some of the Samaritans? John 4:11,14,39-41.
8. What did Jesus say "the living water" represented? John 7:37-39.
9. When Peter and John went to Samaria, what did they do for the disciples? Acts 8:14-17.
10. What will proceed out of the throne of God and of the Lamb? Revelation 22:1.

Lesson For Sabbath, October 12, 2019

THE "NEW" TEMPLE

Scripture Reading: I Corinthians 3.

Golden Text: I Corinthians 3:16.

1. Where did the Lord meet with man in the past? Exodus 25:21-22.
2. How does He come to dwell with the believer now? Acts 2:37-41.
3. Where were the tables of stone stored? Exodus 25:16,21.
4. Where are the "tables of stone" now? II Corinthians 3:1-4.
5. What have we become in Christ? II Corinthians 5:17.
6. Since we have become new creatures, how was this brought about? I Corinthians 6:19-20.
7. What price was paid for us? Acts 20:28.

NOTE: The blood of Christ. Priceless!!!!

8. Who does God choose to become "new" temples? I Corinthians 1:26-29.
9. From where did these candidates come? I Corinthians 6:9-11; I Timothy 1:12-13.
10. How did Paul instruct Timothy to act? I Timothy 4:12-16.

NOTE: As the temple of the Holy Spirit, we take God with us wherever we go. Ask yourself, "Is the Lord happy that I brought Him here?" Only you can answer that question.

Lesson For Sabbath, October 19, 2019

GIVING

Scripture Reading: Matthew 7.

Golden Text: Acts 20:35.

NOTE: Many times we study about offerings, but giving also entails our time, our help and incidents of serving.

1. When asked for Alms, what did Peter give? Acts 3:1-6.
2. How did Jesus instruct the apostles when He sent them out? Matthew 10:1-8.
3. Why was the widow's mites considered more valuable than the other gifts? Luke 21:1-4.
4. If we do give alms, how are they to be given? Matthew 6:1-4.
5. How are we to pray? Ephesians 6:18; James 5:13-16.
6. What did Elijah do for the widow and her son? I Kings 17:17-24.
7. How did Elisha help the woman who was left in debt? II Kings 4:1-7.
8. What does Paul encourage us to do through the Galatians? Galatians 5:13.
9. What else should we do toward each other? Philippians 2:3.
10. If we set our sights high, what will happen? Colossians 3:1-4.

Lesson For Sabbath, October 26, 2019

BREAD FROM HEAVEN

Scripture Reading: Exodus 16:1-31.

Golden Text: John 6:49-50.

1. How else did the Lord prove Israel? Exodus 16:2-3; Numbers 11:4-5.
2. What did the Lord do to handle this situation? Exodus 16:4.
3. Even though the manna was provided freely, what lesson was the people to learn? Exodus 16:5; 23-26.

NOTE: The Lord was getting them to use Friday as a preparation day for the Sabbath. If we properly prepare for the Sabbath, we can all enjoy it.

4. What lesson can we desire from their experiences? Deuteronomy 8:2-3, 16-18; Nehemiah 9:19-21; Psalm 78:21-25.
5. While manna is not available today, what is? John 6:31-35.
6. How can we partake of this bread? John 6:53-54; Matthew 26:26-29.
7. What instruction was given to Timothy that we can "go" by? I Timothy 4:11-16.
8. What did Jesus say about murmuring? John 6:41-44.

NOTE: Murmuring is a mumbled or muttered complaint.

9. What should we desire? I Peter 2:1-2.
10. What shall we do till the Lord comes? I Corinthians 10:16-17; 11:23-26.

Lesson For Sabbath, November 2, 2019

INSTRUCTIONS FROM THE MOUNTAIN

Scripture Reading: Exodus 20.

Golden Text: Ecclesiastes 12:13.

1. What instructions were given to Moses? Exodus 19:3-7.
2. How did the people respond? Exodus 19:8.
3. How was the Lord to communicate to Moses and Israel? Exodus 19:9, 17-18; Psalm 68:8.
4. What preparations were to be made before the Lord spoke to them? Exodus 19:10-13, 22.
5. What did the Israelites do after they heard the Ten Commandments? Exodus 20:18-19.
6. How did Moses respond to the people? Exodus 20:20; Psalm 19:9; Deuteronomy 6:6-9.
7. What other specific instruction was given? Exodus 20:22-23.
8. Did they obey this commandment? Exodus 32:1, 7-8.
9. When the commandments were given, was anything else given to the people at that time? Deuteronomy 5:22.
10. What else were the Israelites reminded? Deuteronomy 5:23-27. Remember Matthew 26:41.

Lesson For Sabbath, November 9, 2019

GOOD CONDUCT

Scripture Reading: Ephesians 5.

Golden Text: I Timothy 3:15.

NOTE: Paul is urging Timothy (and us) to conduct ourselves properly, not just in church, but since we are part of the church (the body), we must conduct ourselves properly wherever we go. (Matthew 5:13-16).

1. How can we show ourselves approved unto God? II Timothy 2:15.
2. What are the children to do? Ephesians 6:1-3.
3. How are servants to conduct themselves? Ephesians 6:4-8.
4. When Jesus speaks about judging, what are we supposed to do first? Matthew 7:1-5; I Corinthians 11:31-32.
5. What does the Apostle Paul believe to be the greatest attribute? I Corinthians 13:1-3, 11-13.
6. How does Jesus express a similar thought? Matthew 5:31-48.
7. What are we told about sowing? Galatians 6:7-10.
8. Paul encourages us to walk a different way. How is it explained? Ephesians 4:17-24.
9. What other exhortations are given? Ephesians 4:25-32.
10. Since we are part of the body and Jesus is the head, what does the apostle tell us to do? Philippians 2:1-5.

Lesson For Sabbath, November 16, 2019

THE ATONEMENT (BY JESUS CHRIST)

Scripture Reading: Hebrews 7.

Golden Text: Colossians 1:14.

1. Why must blood be shed for our sins? Hebrews 9:22.
2. Why was Abel's sacrifice more excellent? Hebrews 11:4; Genesis 4:1-5.
3. What did Christ's sacrifice do that the blood of bulls and goats could not? Colossians 1:20-22; Hebrews 9:11-12.
4. How long was the plan of salvation in effect? Revelation 13:8; Hebrews 9:25-26.
5. What did Christ say just before He died? John 19:30.
6. What happened when He died? Matthew 27:50-51.
7. What was finished at Calvary? Ephesians 2:14-15; Colossians 2:14-15; Galatians 3:10,13; 4:4-5.
8. When was complete Atonement accomplished? Romans 5:10-11; Hebrews 1:3; 10:14, 16-17.
9. Are we now reconciled to God? II Corinthians 5:17-19.
10. Do we need any more sacrifices? Hebrews 9:27-28; Romans 6:9-10.

Lesson For Sabbath, November 23, 2019

MOSES IN THE MOUNTAIN

Scripture Reading: Exodus 24.
Golden Text: II Corinthians 3:7.

1. Where did Moses go when the Lord came down upon Mt. Sinai? Exodus 19:20.
 2. What was given to Moses, and what was he to do? Exodus 24:12.
 3. Where was Moses to store the tablets of stone? Exodus 25:16.
 4. What was above the tables of stone? Exodus 25:21.
 5. What else was going to happen from the mercy seat? Exodus 25:22.
 6. How long did Moses stay in the mount? Exodus 24:18; 34:1, 28.
 7. What else happened to Moses while he was in the mount? Exodus 34:29-33.
 8. When Moses went in before the Lord what did he do with the veil? Exodus 34:34-35.
 9. Besides the Ten Commandments, what else was given later? Deuteronomy 31:24-26, 5:22.
- NOTE: The Mosaic law did not enjoy the same position as the Ten Commandment law. The book of the law was placed in the side of the ark. The tables of stone were inside the ark directly under the mercy seat. Keep them, and you will receive mercy.*
10. What else happened at the mercy seat? Leviticus 16:1-2, 11-14; Hebrews 9:22.

Lesson For Sabbath, November 30, 2019

MOSES AND THE TWO TABLETS

Scripture Reading: Exodus 34:1-17.
Golden Text: Deuteronomy 10:5.

1. After God spoke the Ten Commandments (Exodus 20:1), what did He do? Exodus 31:18; 32:15-16.
2. While Moses was in the mount, what was going on down below? Exodus 32:1-4.
3. After Aaron made the molten calf, what did he do? Exodus 32:5-6.
4. What did Moses do when he saw the disobedience of Israel? Exodus 32:17-20.
5. What does the psalmist say about this act of disobedience? Psalm 106:19-21.
6. After Moses broke the first set of tablets, what did the Lord tell him to do? Exodus 34:1-4.
7. When the second set was made, what else was Moses to do? Deuteronomy 10:1-4.
8. How long did Moses stay in the mount the second time? Deuteronomy 10:10.
9. What instructions did Moses give to the Israelites? Deuteronomy 10:11-13.
10. Even though the Israelites had the tables of stone, what were they to do? Deuteronomy 11:13-18.

Lesson For Sabbath, December 7, 2019

THE ATONEMENT (BY ANIMAL)

Scripture Reading: Leviticus 16.

Golden Text: Leviticus 16:30.

1. On what day, did the Day of Atonement occur? Leviticus 23:26-27; 16:29.

NOTE: The word afflict means to humble or abase oneself. This the Israelites did by fasting.

2. How was this day to be observed? Leviticus 23:28.

3. What did the High Priest do on this day? Hebrews 9:6-7.

4. What took place before the Priest entered the Holy of Holies? Leviticus 16:2, 5-10.

5. What did the Old Testament Atonement do? Hebrews 10:1-3, 11.

NOTE: The Mosaic law reminded the people of their sins and the continual need for a sacrificial system.

6. What did the New Testament Atonement (Christ's sacrifice) accomplish? Hebrews 10:10; 12-14.

7. Do we have any righteousness? Isaiah 64:6.

8. Where do we get the necessary righteousness? Romans 3:21-22.

9. When Aaron entered the Holy of Holies, what was he to do with the blood of the sacrificed animal? Leviticus 16:14.

10. What did he do for the people? Leviticus 16:15-21.

Lesson For Sabbath, December 14, 2019

SEPARATION/DIFFERENCES AND INSTRUCTION

Scripture Reading: Leviticus 11.

Golden Text: Leviticus 10:10.

NOTE: While the law of the clean and unclean teaches us about food, there are other areas that were to be "off limits".

1. What were the Israelites told about the "doings" of Egypt and Canaan? Leviticus 18:1-5.

2. How were they to reap their harvest? Leviticus 19:9-10.

3. What are some instructions given when dealing with others? Leviticus 19:11-15.

4. If a man were to lie with a man like a woman, what did the Lord say it was? Leviticus 18:22.

5. With a beast? Leviticus 18:23-24.

6. What were the Israelites to do when they entered the promised land? Deuteronomy 12:1-4.

7. What warning was given? Deuteronomy 12:28-32; Leviticus 20:23.

8. When a prophet gave a sign or wonder and it came to pass, of what were they told? Deuteronomy 13:1-4.

9. When Israel came against a city and proclaimed peace unto it what would happen to it? Deuteronomy 20:10-11.

10. If the city chose to fight? Deuteronomy 20:12-15.

11. What was to happen in the cities of inheritance? Deuteronomy 20:16-20.

Lesson for Sabbath, December 21, 2019

THE TABERNACLE

Scripture Reading: Exodus 25:1-9; 26:26-37.

Golden Text: Psalm 15:1-2.

1. What was one of the reasons for the tabernacle? Exodus 25:8, 21-22.
2. How was the holy place to be divided from the most holy place? Exodus 26:31-33.
3. What command was given with regard to the oil for the light? Exodus 27:20-21.
4. How did the Lord accomplish the work of the tabernacle and all its necessary pieces? Exodus 31:1-11.
5. Did the same thing apply when it came to making the holy garments for Aaron and his sons? Exodus 28:1-3.
6. Where did the materials come from for the tabernacle? Exodus 35:4-10.
7. How was money collected for the service of the tabernacle? Exodus 30:11-16.
8. What was said of the Sabbath and Israel? Exodus 31:12-17; 35:1-3.
9. Who was filled with the Spirit of God to accomplish the work of the tabernacle? Exodus 35:30-35.
10. When was the tabernacle completed? Exodus 40:1-3, 16-17, 33-35.

Lesson For Sabbath, December 28, 2019

SACRIFICES AND OFFERINGS

Scripture Reading: Leviticus 1.

Golden Text: Isaiah 1:14.

1. What was to accompany a meat offering? Leviticus 2:13.
2. What was another important aspect of any offering? Leviticus 1:3 first part; 3:1; 4:3.

NOTE: These sacrifices were foreshadowing the perfect sacrifice of Jesus. Therefore there were no blemishes.
3. Why was all this blood shed? Hebrews 9:22; Leviticus 4:20.
4. What happened when Nadab and Abihu offered strange fire before the Lord? Leviticus 10:1-2.
5. What additional instruction was given by Moses to Aaron? Leviticus 10:9-10; I Timothy 3:1-3.
6. Before Aaron and his sons were dressed for their service as priests, what was done? Leviticus 8:6.
7. After they were dressed, what did Moses do? Leviticus 8:10-13.
8. When the anointing was completed, what was the next step? Leviticus 8:14-15, 18-19, 22-24.
9. What was Aaron to do on the day of atonement? Leviticus 16:1-6, 11.
10. How were the two goats used at this time? Leviticus 16:7-10.