

THE TEN COMMANDMENTS

I. Thou shalt have no other gods before me.

II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.

III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.

IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.

V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.

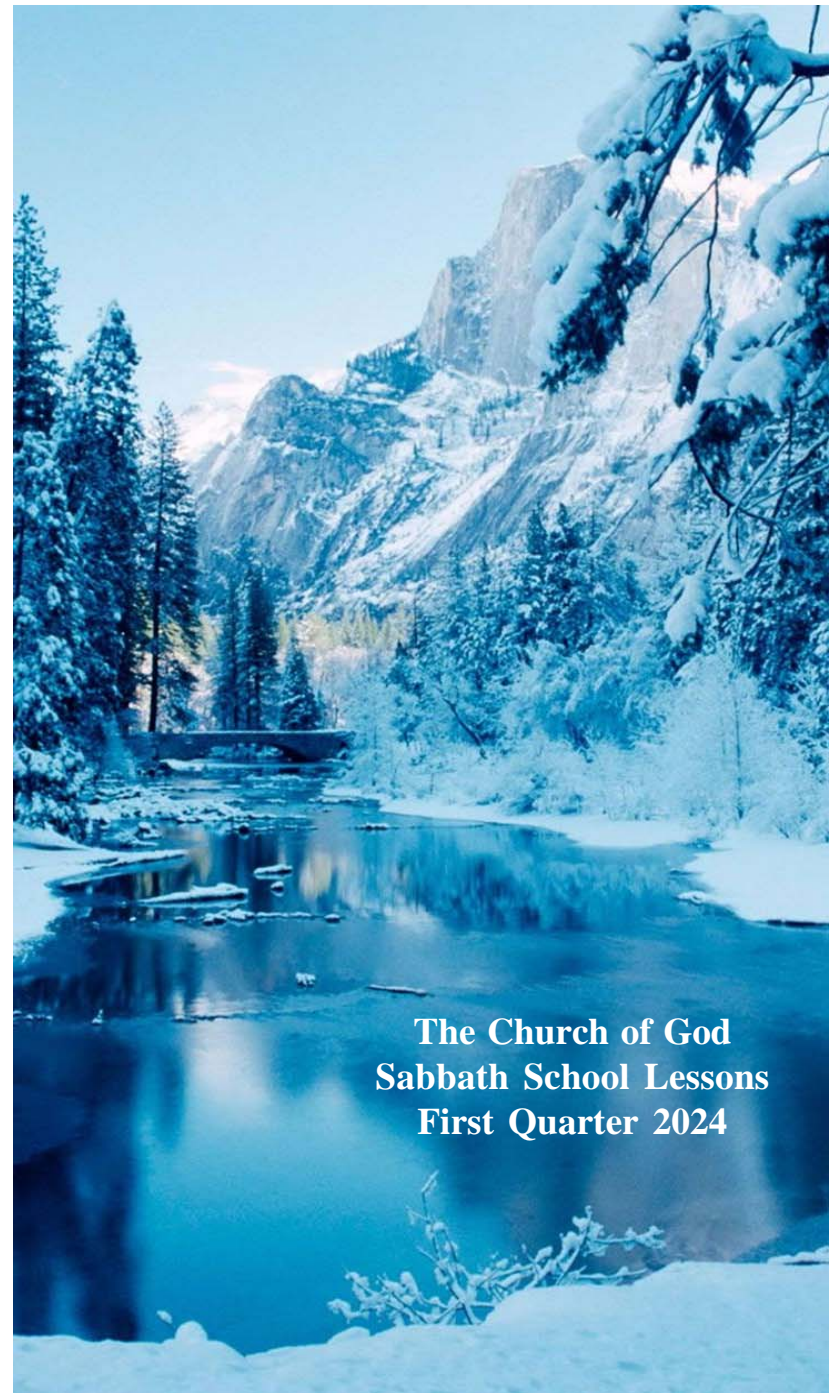
VI. Thou shalt not kill.

VII. Thou shalt not commit adultery.

VIII. Thou shalt not steal.

IX. Thou shalt not bear false witness against thy neighbour.

X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



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IN THIS QUARTERLY

In this quarter, we will undertake a deep study of the book of Hebrews. This book focuses on Jesus and who He is in relation to the Old Testament. It speaks to His relationship with the Father, to angels, to the Church collectively and to us individually. Further, it explains how the Levitical laws and priesthood pointed to Jesus and how their fulfillment could only have taken place through Him. In short, the book of Hebrews ties the Old and New Testaments together.

Lesson For Sabbath, January 6, 2024

COMPARISON TO ANGELS

Scripture Reading: Hebrews 1

Golden Text: Hebrews 1:4

1. How did God speak to His children in Old Testament times and how did He speak to them in the times that followed? Hebrews 1:1-2.
 2. How does Jesus compare to His Father? Hebrews 1:3 (first part); Colossians 1:15
 3. While He was made so much better than the angels, what do we learn? Hebrews 1:4; 2:14-16
 4. How is Jesus distinguished from the angels? Hebrews 1:5
 5. When the first begotten is brought into the world, what were the angels told to do? Hebrews 1:6
 6. After He was made lower than the angels, what happened? Hebrews 2:7
 7. Did God at any time say to any of the angels "Sit on my right hand"? Hebrews 1:13
 8. In comparison, what was said to the Son? Hebrews 1:8
 9. Why was this said to Jesus? Hebrews 1:9
- NOTE: We see in this verse that the Father is Jesus' God. The position and authority that Jesus has over the Earth and His Church is given to Him by the Father. See also Philippians 2:9*
10. Where does Jesus sit at this time? Hebrews 1:13-14; Revelation 3:20-21

Lesson For Sabbath, January 13, 2024

JESUS IS LORD OF ALL THINGS

Scripture Reading: Hebrews 2

Golden Text: Hebrews 2:8

1. Why are we to more earnestly heed the things we have heard about Jesus? Hebrews 2:1-3
2. How did God bear witness to these things? Hebrews 2:4
3. If not angels, to whom did God set over the world to come? Hebrews 2:5-7
4. Is there anything that will not be put in subjection to Jesus? Hebrews 2:8
5. Who was the sacrifice that Jesus made for? Hebrews 2:9

NOTE: The sacrifice that Jesus made is open to everyone. However, only those that accept Jesus as their Lord and Christ can receive this gift. Taking Him as Lord means doing what He says, both His commandments and teachings. Taking Him as Christ means putting our faith and trust in Him alone.

6. What are we told is Jesus' relationship to us? Hebrews 2:10-13; Psalms 22:22; Isaiah 8:18
7. How did Jesus destroy him who had the power of death, Satan? Hebrews 2:14-15
8. When Jesus came to the earth, what form did He take? Hebrews 2:16
9. Was Jesus tempted as we are? Hebrews 2:17-18

Lesson For Sabbath, January 20, 2024

JESUS IS HEAD OF THE CHURCH

Scripture Reading: Hebrews 3

Golden Text: Ephesians 5:23

1. Who is the Apostle and High Priest over the house of God? Hebrews 3:1
2. Why is Jesus counted more worthy of glory than Moses? Hebrews 3:2-3
3. What relationship did Moses have to the Church of God? What about Jesus? Hebrews 3:4-6
4. To what earthly relationship is Jesus' relationship to the Church compared? Ephesians 5:23; John 3:29

NOTE: Jesus Christ is the head of the Church of God. See also Ephesians 1:22 and Colossians 1:18

5. What did the Holy Spirit about the generation that was brought out of the land of Egypt? Hebrews 3:7-11; Psalm 95:7-11
6. What are we told to do for each other on a daily basis? Hebrews 3:12-13
7. What are we to do as partakers of Christ? Hebrews 3:14-15
8. How did those who came out of Egypt provoke God? Hebrews 3:16-17
9. What was the ultimate reason that they were not able to enter into the promised land? Hebrews 3:18-19

Lesson For Sabbath, January 27, 2024

GOD'S REST

Scripture Reading: Hebrews 4

Golden Text: Hebrews 4:11

1. Why did the Word preached to the children of Israel in the wilderness not profit them and allow them to enter into the rest that God promised to them? Hebrews 4:1-3
2. To what is the rest that God promises His children compared? Hebrews 4:4-5; Genesis 2:2
3. In what manner did God describe this rest to David? Hebrews 4:6-7; Psalm 95:7-8
4. Was the rest spoken of here fulfilled when the children of Israel entered the promised land? Hebrews 4:8-9

NOTE: The word "rest" in verse 9 is the Greek word "sabbatismos", derived from "sabbaton" meaning Sabbath. Again the comparison being made here is between eternal life and the weekly Sabbath rest. The weekly Sabbath is a foreshadowing of the eternal life to come.

5. Who is Lord of the Sabbath and for what purpose was it made? Mark 2:27-28
6. When we enter God's rest, what becomes of the works that we do on this Earth? Hebrews 4:10-11
7. To what is the Word of God compared? Hebrews 4:12-13
8. How is Jesus able to relate to the lives we live each day? Hebrews 4:14-15
9. How are we to come to the throne of grace? Hebrews 4:16

Lesson For Sabbath, February 3, 2024

JESUS IS OUR HIGH PRIEST

Scripture Reading: Hebrews 5

Golden Text: Hebrews 5:10

1. For what purpose was the high priest ordained? Hebrews 5:1
2. Why did the high priest have to offer a sacrifice for himself as well as a sacrifice for the people? Hebrews 5:2-3
3. Who appointed Jesus as our high priest? Hebrews 5:4-5
4. After what order was Jesus made our high priest and how long will His priesthood continue? Hebrews 5:6; Psalm 110:4
5. How did Jesus learn obedience? Hebrews 5:7-8
6. What was the result of these sufferings? Hebrews 5:9-10

NOTE: Melchisedec was God's high priest in the days of Abraham. (See Genesis 14:18-20). Melchisedec's priesthood predated that of the sons of Levi.

7. To what are the first principles of the ordinances of God compared? Hebrews 5:11-12; I Corinthians 3:1-2
8. When we advance to become skillful in the word of righteousness, what are we then able to do? Hebrews 5:13-14

NOTE: As a child moves from milk to solid food as they grow, so also must we study and learn more advanced topics as we grow spiritually. We are to grow in grace and in the knowledge of our high priest, Jesus Christ. (See II Peter 3:18)

Lesson For Sabbath, February 10, 2024

DILIGENCE IN CHRIST

Scripture Reading: Hebrews 6

Golden Text: Hebrews 6:11

1. What are the principles of the doctrine of Christ? Hebrews 6:1-2
 2. What are we told of those who fall away from the faith? Hebrews 6:4-6
- NOTE: This refers to only those who come to a full intellectual and spiritual understanding of who God is. Those who tasted the heavenly gift, the good word, and the powers of the world to come. Those who have been filled with the Holy Ghost. In short, those who have come to know God.*
3. To what are those who reject God compared? Hebrews 6:7-8
 4. In light of the previous verses, how are we to approach our walk with God? Hebrews 6:9-12; II Peter 1:10
 5. What was God's promise to Abraham? Hebrews 6:13-15; Genesis 22:15-18
 6. How did God confirm this promise? Hebrews 6:16-17
 7. What are we told is the anchor of our souls? Hebrews 6:18-19; Titus 1:2
 8. After what order was Jesus made our high priest forever? Hebrews 6:20

Lesson For Sabbath, February 17, 2024

THE MELCHISEDEC PRIESTHOOD

Scripture Reading: Hebrews 7

Golden Text: Hebrews 7:11

1. What is the history of Melchisedec? Hebrews 7:1-3; Genesis 14:18-20
 2. How was the greatness of Melchisedec shown? Hebrews 7:4
 3. How is the example of tithing used to compare the priesthood of the sons of Levi to Melchisedec? Hebrews 7:5-10
 4. Why was there a need for another priest to rise after the order of Melchisedec? Hebrews 7:11-12
- NOTE: Verse 12 shows us the law follows the priesthood. We are not under the Levitical priesthood and the laws specific to that priesthood do not apply to us today. However, the laws of God that existed before this priesthood do apply. For example, the Sabbath existed from the Creation (See Genesis 2:1-3) and therefore still applies to the children of God.*
5. To which tribe did Jesus belong? Hebrews 7:13-14
 6. For how long will Jesus remain a priest after the order of Melchisedec? Hebrews 7:15-17; Psalm 110:4
 7. What are we told about the testament that Jesus brings? Hebrews 7:18-22
 8. Does Jesus' priesthood ever change? Hebrews 7:23-24
 9. How often does Jesus offer sacrifice for our sins? Hebrews 7:25-28; Romans 6:10

Lesson For Sabbath, February 24, 2024

THE NEW COVENANT

Scripture Reading: Hebrews 8

Golden Text: Hebrews 8:6

1. Where does Jesus Christ, our high priest, now sit? Hebrews 8:1-2; Colossians 3:1; I Peter 3:22

2. What are high priests ordained to do? Hebrews 8:3

3. What were the priestly service and the tabernacle patterned after? Hebrews 8:4-5; Exodus 25:40; 26:30

NOTE: The Levitical priesthood was a shadow of things to come. It pointed to the high priesthood of Jesus Christ.

4. Why is the ministry that Jesus obtained more excellent than the one under the Levitical priesthood? Hebrews 8:6

5. Because the first covenant was not faultless, what did God promise to do with the house of Israel and the house of Judah? Hebrews 8:7-8; Jeremiah 31:31

6. How does the prophet Jeremiah describe this New Covenant? Hebrews 8:9-10; Jeremiah 31:32-33

7. What is the result of this covenant in our relationship with the Lord? Hebrews 8:11

8. For those that are under this New Covenant, what will happen to their sins? Hebrews 8:12

9. When the New Covenant came in, what happened to the old one? Hebrews 8:13

Lesson For Sabbath, March 2, 2024

COMPARISON BETWEEN OLD AND NEW COVENANTS

Scripture Reading: Hebrews 9

Golden Text: Hebrews 9:11

1. What were the ordinances of divine service under the first (Levitical) covenant? Hebrews 9:1-5

2. Why did the high priest go once a year into the Holiest of all? Hebrews 9:6-7, Leviticus 16:11-16

3. What was the purpose of the divine service under the Levitical covenant and for how long was it to last? Hebrews 9:8-10

4. By what did Jesus enter into the heavenly Tabernacle and what effect does that have on us? Hebrews 9:11-14

NOTE: Under the Levitical covenant, the blood of bulls and goats was offered for the cleansing of sin. This sacrifice foreshadowed the blood which Jesus shed for our sins.

5. Why is Jesus the mediator of the new covenant? Hebrews 9:15

6. How is the example of an earthly testament (i.e., last will and testament) used to explain why Jesus had to die? Hebrews 9:16-18

7. What did Moses do with the blood of calves and goats? Hebrews 9:19-22

8. Why was this done? Hebrews 9:23-24

9. When Jesus offered Himself as a sacrifice, what was the result in regard to sin? Hebrews 9:25-28

Lesson For Sabbath, March 9, 2024

JESUS, THE PERFECT SACRIFICE

Scripture Reading: Hebrews 10

Golden Text: Hebrews 10:12

1. Why couldn't the Levitical sacrifices make those who offered them perfect? Hebrews 10:1-3
2. Did God take pleasure in those Levitical sacrifices? Hebrews 10:4-6; Psalm 40:6
3. When God took away the Levitical sacrifices, what did He replace them with? Hebrews 10:7-10

NOTE: The sacrifices under the Levitical covenant were a foreshadowing of the sacrifice that Jesus would make. They pointed to this future sacrifice that was offered once for all.

4. What did the one sacrifice that Jesus offered do? Hebrews 10:11-14
5. How does the prophet Jeremiah describe this New Covenant under Jesus Christ? Hebrews 10:15-18; Jeremiah 31:31-34
6. Given all these things, how are we as children of God to respond to this New Covenant? Hebrews 10:19-25
7. What are we told will happen if we sin willfully after receiving the knowledge of the truth? Hebrews 10:26-31
8. What are we called to remember in times where our confidence might be shaken? Hebrews 10:32-35
9. How are the just to live? Hebrews 10:36-39

Lesson for Sabbath, March 16, 2024

EXAMPLES OF FAITH

Scripture Reading: Hebrews 11

Golden Text: Hebrews 11:6

1. What is the biblical definition of faith? Hebrews 11:1
2. How does faith inform our understanding of how the world around us was made? Hebrews 11:3; Psalm 33:6; Jeremiah 10:12
3. Why is faith necessary to please God? Hebrews 11:6

NOTE: To have faith in God, we must come to understand two very important principles. 1) God is. He exists and is the creator of everything around us. 2) God can be known. He rewards those who diligently seek after Him.

4. How did the works of the patriarchs demonstrate their faith?
 - a) Abel - Hebrews 11:4; Genesis 4:4
 - b) Enoch - Hebrews 11:5; Genesis 5:21-24
 - c) Noah - Hebrews 11:7; Genesis 6:8-9,22
 - d) Abraham - Hebrews 11:8-17; Genesis 12:1-4
 - e) Isaac - Hebrews 11:18-20
 - f) Jacob - Hebrews 11:21; Genesis 48:20
 - g) Joseph - Hebrews 11:22; Genesis 50:24-25
 - h) Moses - Hebrews 11:23-29
 - i) Rahab - Hebrews 11:30-31
5. What were the outcomes for the patriarchs who put their faith in God? Hebrews 11:32-38
6. For these who received a good report because of their faith, why did they not receive the promise? Hebrews 11:39-40

Lesson For Sabbath, March 23, 2024

THE PATH OF RIGHTEOUSNESS (PART 1)

Scripture Reading: Hebrews 12

Golden Text: Hebrews 12:28

1. Looking to all the saints who came before us, how are we to conduct ourselves? Hebrews 12:1
2. If we become weary and faint of mind, where are we to look? Hebrews 12:2-3
3. The Lord chastens everyone that He loves. How are we to respond to this chastening? Hebrews 12:4-6; Revelation 3:19
4. What example is used here to describe this chastening? Hebrews 12:7-11; Proverbs 13:24

NOTE: Parents discipline children they love. Discipline changes behavior, returning us to the path of righteousness.

5. How are we to make our paths? Hebrews 12:12-13
6. We are told to be diligent lest we fall. What example are we given of this that we are to take heed of? Hebrews 12:14-17
7. In what way does the example of the children of Israel coming to Mount Sinai show us what the path of righteousness doesn't look like today? Hebrews 12:18-21
8. What does this path look like? Hebrews 12:22-24

NOTE: The path of righteousness leads to life in Jesus Christ.

9. Given that we receive a kingdom that cannot be moved, how are we to serve God? Hebrews 12:25-29

Lesson For Sabbath, March 30, 2024

THE PATH OF RIGHTEOUSNESS (PART 2)

Scripture Reading: Hebrews 13

Golden Text: Hebrews 13:9

1. What examples are we given in how to display brotherly love? Hebrews 13:1-3; Romans 12:10
2. How is the righteousness of God to be demonstrated by those who are married? Hebrews 13:4
3. What are we told not to fear if the Lord is our helper? Hebrews 13:5-7
4. Does Jesus change over time? Hebrews 13:8
5. Instead of animal sacrifices, with what are our hearts to be satisfied? Hebrews 13:9-10
6. When Jesus died for our sins, where did He suffer? Hebrews 13:11-13; John 19:16-18

NOTE: We are to follow Jesus outside the camp. As Jesus gave His life for us so are we to give our lives for Him. (See Matthew 16:24-25)

7. What sacrifices are we to give to God? Hebrews 13:14-16
8. Why are we to submit to church leaders who are in positions of authority? Hebrews 13:17; I Thessalonians 5:12-13
9. Who makes us perfect in every good work? Hebrews 13:18-21
10. With what final encouragements does the author of Hebrews leave us? Hebrews 13:22-25