#### THE TEN COMMANDMENTS

- I. Thou shalt have no other gods before me.
- II. Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth: Thou shalt not bow down thyself to them, nor serve them: for I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; And showing mercy unto thousands of them that love me, and keep my commandments.
- III. Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.
- IV. Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day is the sabbath of the Lord thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it.
- V. Honour thy father and thy mother: that thy days may be long upon the land which the Lord thy God giveth thee.
  - VI. Thou shalt not kill.
  - VII. Thou shalt not commit adultery.
  - VIII. Thou shalt not steal.
  - IX. Thou shalt not bear false witness against thy neighbour.
- X. Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is thy neighbour's.



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#### IN THIS QUARTERLY

While we have divided the Bible into the Old and New Testament, it continues to be one story from cover to cover. There are those who say we only need the New Testament, and some continue to believe we have to be steeped in all the laws of the Old. It has been said "The Old Testament is the New Testament concealed, and the New Testament is the Old Testament revealed."

We need to study the whole book from Genesis to Revelation to show ourselves approved, "rightly dividing the word of truth."

## Lesson For Sabbath, April 1, 2017

#### THERE ARE MANY CROWNS

Scripture Reading: Revelation 14:1-16. Golden Text: Psalm 103:4.

- 1. Were instructions given to put a crown on the ark of the covenant? Exodus 25:10-11.
- 2. Did Aaron the High Priest have a crown? Exodus 28:36-38; 29:6.
- 3. How was the altar to burn incense described? Exodus 30:1-4. The table of shewbread? Exodus 37:10-12.
- 4. What is said about the anointing oil and the High Priest? Leviticus 21:10-12.
- 5. How was Jesus mocked by the soldiers? Matthew 27:26-29; Mark 15:16-18.
- 6. What does true ministry seek? I Corinthians 9:19-25.
- 7. Paul tells Timothy that he fought the good fight and something is "laid up for" him; what is it? II Timothy 4:7-8.
- 8. If a man endureth temptation, what can he receive? James 1:12.
- 9. What do the 24 elders do with their crowns? Revelation 4:4, 9-11.
- 10. How is Jesus described at His second coming? Revelation 19:11-16 (note verse 12).

## Lesson For Sabbath, April 8, 2017

#### THE LORD'S SUPPER

Scripture Reading: Luke 22:1-20.

Golden Text: John 6:53.

- 1. What did John the Baptist call Jesus? John 1:29.
- 2. When Jesus and the disciples were celebrating the Passover, what did the Lord do? Matthew 26:17,20,26-29.
- 3. How did Jesus express the necessity of partaking these emblems? John 6:53.
- 4. What will happen to the person who "drinks His blood and eats His flesh"? John 6:54.

NOTE: Just as the Passover lamb and its shed blood saved the Israelites, the Lamb of God and His shed blood will save His obedient followers. The unleavened bread and fruit of the vine represent the Lord's body and blood.

- 5. How must we prepare to take the emblems? John 13:4-14.
- 6. What else is necessary? I Corinthians 11:26-28.
- 7. What will happen if we do not examine ourselves properly? I Corinthians 11:29-31.
- 8. Where does judgment begin? I Peter 4:17.
- 9. If we judge ourselves, what can we ensure? II Peter 1:10.
- 10. Will the supper be in our future if we do all these things? Revelation 19:9.

## Lesson For Sabbath, April 15, 2017

#### THE PASSOVER

Scripture Reading: Exodus 12:1-14. Golden Text: Exodus 13:14.

- 1. In what month and on what day was the first Passover observed? Exodus 12:1-6; Leviticus 23:5; Numbers 28:16.
- 2. At what time does each day begin? Genesis 1:5, 8 and 13. God's day begins and ends with the evening, i.e. sunset to sunset.
- 3. How is this observance restated in Deuteronomy? Deuteronomy 16:1,6.
- 4. What was to be eaten at this time? Exodus 12:3,6.
- 5. Would any lamb be acceptable? Exodus 12:5.
- 6. What was to be done with the blood of the lamb? Exodus 12:7, 22.
- 7. What did the blood do for the Israelites? Exodus 12:12-13, 23.
- 8. What happened to the Egyptians? Exodus 11:4-6; 12:29.
- 9. When the first born of Egypt died, what did Pharaoh do? Exodus 12:30-31; Deuteronomy 16:1.
- 10. How was the Lord able to bring the Israelites by night? Exodus 13:21.

NOTE: They were prepared to leave sin (Egypt) behind, as we should be.

# Lesson For Sabbath, April 22, 2017 FOOD FOR THE CHILDREN OF GOD

Scripture Reading: Deuteronomy 14:1-20. Golden Text: Deuteronomy 14:3.

- 1. What did God tell Adam and Eve that they could eat? Genesis 2:8-9, 16-17.
- 2. When Noah was preparing, what food and what animals were to be loaded on the vessel? Genesis 6:21; 7:1-3.

NOTE: God was clear about the clean and unclean. We do not find Noah questioning God about these terms, as they must have been familiar to him.

3. After the Flood, what did God tell Noah? Genesis 9:1-3.

NOTE: There are those who say we should be vegetarians, but we just read that God tells Noah it is alright to eat meat however, with distinction, just as He gave the herb bearing seed (Genesis 1:29).

- 4. What are the marks of a clean beast? Leviticus 11:2-3.
- 5. What are the marks of an unclean beast? Leviticus 11:4-8.
- 6. What are the marks of a clean fish? Leviticus 11:9.
- 7. What are the marks of an unclean fish? Leviticus 11:10-12.
- 8. What fowl are unclean? Leviticus 11:13-20,23.
- 9. What fowl are clean? Leviticus 11:21-22.
- 10. Who will be destroyed in the future and for what reason? Isaiah 66:17.

## Lesson For Sabbath, April 29, 2017

## FOOD FOR THE CHILDREN OF GOD (CONTINUED)

Scripture Reading: Leviticus 11:1-27. Golden Text: I Timothy 4:4-5.

- 1. Did God provide quail for the children of Israel? Exodus 16:12-13.
- 2. What is the main dish of the Passover meal? Exodus 12:5-8.

NOTE: God would never provide or tell His children to eat something they were not supposed to have.

- 3. Did Jesus keep the Passover? Matthew 26:17-19.
- 4. After His resurrection, what did Jesus eat? Luke 24:41-43.
- 5. In Matthew 15, about what were the Pharisees questioning Jesus? Matthew 15:1-2.
- 6. What was part of His answer? Matthew 15:7-9,14.
- 7. How does Jesus explain His answer to Peter and the disciples? Matthew 15:15-20.

NOTE: Remember the original question was about unwashed hands and not food.

- 8. What is necessary to become a child of God? II Corinthians 6:17-18.
- 9. How is food sanctified? I Timothy 4:4-5.

NOTE: Sanctified means set apart by the word of God (clean versus unclean) and prayed over.

10. What group of people shall have their part in the lake of fire? Revelation 21:7-8.

## Lesson For Sabbath, May 6, 2017 MERCY

Scripture Reading: Romans 9:14-33. Golden Text: Psalm 4:1.

NOTE: Webster's defines mercy as a refraining from harming or punishing offenders, enemies, or persons in one's power.

- 1. Why does the Psalmist ask for mercy in Psalm 6:2?
- 2. Why would a weak person need mercy? Matthew 26:41.
- 3. When Paul asked to have a thorn in the flesh removed, what was he told? II Corinthians 12:7-9.
- 4. What is another reason for praying for mercy? Psalm 9:13.
- 5. What does David say about goodness and mercy? Psalm 23:6.
- 6. In Proverbs we are told not to let mercy and truth forsake us. How are we to accomplish this? Proverbs 14:22; 3:3.
- 7. Our heavenly Father has had mercy upon us. Upon whom are we supposed to have mercy? Proverbs 14:21.
- 8. Who will obtain mercy? Matthew 5:7.
- 9. While the Pharisees were tithing, what were they forgetting? Matthew 23:23.
- 10. As children of God, how are we to show mercy? Romans 12:5-8.

*NOTE: Not begrudgingly.* 

## Lesson For Sabbath, May 13, 2017

#### "WHAT MUST I DO TO BE SAVED?"

Scripture Reading: Acts 16:25-40. Golden Text: Acts 16:30.

NOTE: Many people must ask themselves this question. The Bible gives us the answer.

- 1. When the Philippian jailer asked this question, what was the response? Acts 16:31.
- 2. What else was discussed? Acts 16:32.

NOTE: The Testimony of Jesus.

- 3. What action was prompted by this discussion? Acts 16:33-34.
- 4. When Peter witnessed to the men of Israel, what did he say? Acts 2:22-23, 37.
- 5. After they asked "what shall we do," what was his response? Acts 2:38-39.
- 6. He continued to teach, and the people accepted. Acts 2:40-41.

NOTE: Following Jesus requires action on our part.

- 7. In Matthew, the rich, young ruler asks a similar question. Matthew 19:16.
- 8. What was Jesus' reply? Matthew 19:17.
- 9. When the young man asks which Commandments, what is Jesus' answer? Matthew 19:18-19.
- 10. What is the patience of the saints? Revelation 14:12.
- 11. Who will have the right to the tree of life? Revelation 22:14.

# Lesson For Sabbath, May 20, 2017 FASTING AND PRAYING

Scripture Reading: Joel 1:13-20. Golden Text: Joel 2:15.

1. How long did Jesus fast? Matthew 4:1-2.

2. Did the Apostle Paul fast often? II Corinthians 11:27.

3. Why did Elijah fast a long time? I Kings 19:7-10.

4. How are ministers to approve themselves? II Corinthians 6:4-6.

5. When others were sick, what did David do? Psalm 35:13.

6. What was the fast to be to the house of Judah? Zechariah 8:19.

7. Why, at certain times, did the disciples fail to cure a lunatic? Matthew 17:14-21.

8. What did Jesus say about prayer? Matthew 21:22.

9. What did Samuel say to Israel? I Samuel 12:22-24.

10. How often did David pray? Psalm 55:17; Daniel 6:10.

11. What did Paul tell his disciples to do after they put on the whole armour of God? Ephesians 6:18.

NOTE: Prayer and fasting are spiritual tools for this present physical life.

# Lesson For Sabbath, May 27, 2017 HEALING

Scripture Reading: James 5. Golden Text: Luke 4:18.

- 1. What did the Lord say to Moses and the Israelites? Exodus 15:26.
- 2. When the children of Israel spoke against God and Moses, what happened? Numbers 21:5-6.
- 3. How did Moses help the situation? Numbers 21:7.
- 4. What else did he do? Numbers 21:8.
- 5. What event did this foreshadow? John 3:14.
- 6. What did Isaiah say about Christ's suffering? Isaiah 53:3-5.
- 7. The prophet Jeremiah talks about "the hope of Israel." What does he say? Jeremiah 17:13-14.
- 8. Was Peter able to heal the lame? Acts 3:1-7.
- 9. What kind of miracles were done by Paul? Acts 19:11-12; 14:8-11.
- 10. Who can help with the healing process? James 5:16.

NOTE: Faith is a requirement for healing. Read Luke 7:1-10. We truly are not worthy, but the Lord may have compassion on us and heal us. Remember, the healing that we read about in the Bible was usually instantaneous, but some cases required obedience on the person's part. II Kings 5:1,10-14.

### Lesson For Sabbath, June 3, 2017

## CHURCH ORGANIZATION IN THE OLD TESTAMENT

Scripture Reading: Exodus 18:17-27. Golden Text: Nehemiah 12:44.

- 1. Why did God bring the children of Israel out of Egypt? Exodus 2:23-25; 3:11-12; 4:27-31.
- 2. Was there an organized church before the time of Jesus' public ministry? Acts 7:38.
- 3. We know that Jacob (Israel) had twelve sons and one daughter, but not many souls went into Egypt. Genesis 46:26-27.
- 4. After they came out of Egypt, what did Jethro suggest to Moses? Exodus 18:17-21,24.
- 5. What else did Moses do? Numbers 1:1-4,44.
- 6. Besides the twelve princes, who else were to be elders over the people? Numbers 11:16-17.
- 7. Who took the place of Moses when he died? Deuteronomy 32:44-45; 34:7-9.
- 8. Did the Lord tell Joshua to select twelve men? Joshua 3:12; 4:1-4.
- 9. How many priests carried trumpets of ram's horns before the ark when the Lord told them to march around Jericho? Joshua 6:2-4.
- 10. What did the Israelites find out after the Lord told Israel "I am the Lord that healeth thee"? Exodus 15:26-27.

### Lesson For Sabbath, June 10, 2017

#### CHURCH ORGANIZATION IN THE NEW TESTAMENT

Scripture Reading: I Corinthians 12:18-31. Golden Text: Ephesians 2:20.

- 1. How many men did Jesus choose to be apostles? Matthew 10:1-4.
- 2. What did He instruct them to do? Matthew 10:5-8.
- 3. Who else was appointed besides the twelve? Luke 10:1-3.
- 4. What did the seventy report when they returned? Luke 10:17-20.
- 5. When Judas hung himself, what did the eleven other apostles do? Acts 1:20-26.
- 6. When the apostles needed asistance, what did they do? Acts 6:1-3.
- 7. What did the apostles continue to do? Acts 6:4,7; Romans 10:14-15.

NOTE: Note the time when the first of the apostles died (Acts 12:1-2).

### Lesson for Sabbath, June 17, 2017

#### TEN COMMANDMENTS IN THE OLD TESTAMENT

Scripture Reading: Exodus 20:1-17. Golden Text: Deuteronomy 30:16.

- 1. How long will the Ten Commandments endure? Psalm 111:7-8; 119:142.
- 2. Where did Moses have to go to get the tables of stone? Exodus 24:12; Deuteronomy 10:1-4.
- 3. Did the children of God keep the Commandments before they were given on Mount Sinai? Genesis 26:5; 18:19.
- 4. By forsaking the law, what do people end up doing? Proverbs 28:4,7,9.
- 5. What does Solomon tell us about the law? Proverbs 6:20-23; 7:1-3.
- 6. What are some of the things the law does? Psalm 19:7-8; 25:9.
- 7. What kind of a life will a child of God enjoy when he keeps the law? Psalm 119:165-168.
- 8. What will happen to those who do not keep the Ten Commandments? Ezekiel 18:20-24.
- 9. If we have the law of God in our hearts, how sure are our steps? Psalm 37:29-31.
- 10. How did David express his walk? Psalm 40:8-9.

### Lesson For Sabbath, June 24, 2017

## THE TEN COMMANDMENTS IN THE NEW TESTAMENT

Scripture Reading: Romans 7:1-14. Golden Text: I Corinthians 7:19.

- 1. Did Jesus come to do away with the law, the Ten Commandments? Matthew 5:17-19; 19:16-19.
- 2. How long will the law have dominion over man? Romans 7:1; Luke 16:17.
- 3. From what did Adam and Eve's sin keep them? Genesis 3:22-24.
- 4. To what does keeping the law entitle a child of God? Revelation 22:14.

NOTE: Sinning kept Adam and Eve from the tree of life so they eventually died. We can have that right restored by keeping the Ten Commandments. While we may die waiting for that chance, a resurrection is promised to those who live for Jesus and keep His Commandments.

- 5. Can we be justified by keeping the law? Romans 2:13.
- 6. Why was the dragon wroth with the woman? Revelation 12:17; 14:12.
- 7. What is sin? I John 3:4.
- 8. How do we know the Lord? I John 2:3.
- 9. How do we show our love for the Lord? John 14:15.
- 10. What is the love of God? I John 5:3.
- 11. How can we fulfill the law? Romans 13:8-10.